

Register at:

www.orego.com.sg/registration-form

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2025

Course Schedule

Contact Person

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	Course Title	Full Fees before funding: SkillsFuture Credit Claimable, & 50% NTUC reimbursement	Fee for Staff of NCSS Members. (After PCG Funding)	Duration & Mode	Jan - June	Jul - Dec
Trauma	Understanding Trauma & Fostering Resilience in Children and Adolescents	\$600	\$420	Two 4-hr sessions (Zoom)	12 & 13 Feb	15 & 16 Jul
	Trauma Support	\$600	\$420	1 full day Classroom	12 Mar	15 Aug
Special Needs	Supporting Students with Dyslexia and Language Difficulties	\$600	\$420	1 full day Classroom	9 May	8 Oct
	Supporting Students with ADHD	\$600	\$360	1 full day Classroom	24 Apr	9 Oct
	Supporting Students with Autism in Mainstream School (Level 1)	\$600	\$360	Two 3.5-hr sessions Classroom	24 & 25 Mar	15 & 16 Sep
	Supporting Students with Autism in Mainstream School (Level 2)	\$600	\$420	Two 3.5-hr sessions Classroom		6 & 7 Oct
Children, Youth & Families	Understanding Families and Healing Relationships	\$600	\$360	1 full day Classroom	26 May	23 Oct
	Strengthening Parent-Child Relationship Using Filial Play Therapy	\$600	Awaiting NCSS Approval	1 full day Classroom	17 Apr	25 Jul
	Supporting Youth with Self-Harm and Suicide Tendencies (Level 1)	\$600	\$360	1 full day Classroom	28 Apr	1 Sep
	Supporting Youth with Self-Harm and Suicide Tendencies (Level 2)	\$600	\$360	1 full day Classroom		29 Sep
	Supporting Students Impacted By Divorce and Separation	\$600	\$420	1 full day Classroom	Call for Schedule	
	Grief and Loss in Children and Youth	\$600	\$360	1 full day Classroom	Call for Schedule	
	Supporting Students with School Refusal and Anger Issues	\$580	\$340	1 full day Classroom	26 Mar	28 Aug
	Effective Study Skills from Cognitive and Educational Psychology	\$600	\$360	1 full day Classroom	3 Apr	24 Sep
People	Supporting People with Depression, Stress and Anxiety: A Family-Based Approach	\$600	\$360	1 full day Classroom	21 May	22 Oct
	Working with LGBT+ People	\$600	\$420	1 full day Classroom	22 May	16 Oct
Therapy Skills	Emotionally Focused Therapy with Couples: Understanding and Treating Attachment Injury	\$600	\$420	Two 4-hr sessions (Zoom)	10 & 12 Mar	4 & 6 Aug
	Emotionally Focused Therapy for Couples with Relationship Distress and Depression	\$300	NA	One 4-hr session (Zoom)	12 May	
	Working with Difficult Parents and Guardians	\$600	\$420	1 full day Classroom	9 Apr	3 Sep
	Treat Problematic Behaviour Patterns Using Dialectical Behaviour Therapy Approaches	\$800	\$560	Three 4-hr sessions (Zoom)	15, 22 & 26 May	6, 10 & 13 Nov
	Working with Children Using Play and Creative Arts Therapy (Level 1)	\$600	\$420	1 full day Classroom	28 Mar	20 Aug
	Supporting Adult Victims of Family Violence	\$600	Awaiting NCSS Approval	1 full day Classroom	19 May	29 Oct
Seniors	Helping Seniors Face Aging and Death	\$650	NA	1 full day Classroom	27 May	5 Nov
	Using Positive Psychology Intervention for Positive Aging	\$600	NA	1 full day Classroom	Call for Schedule	